



VILLAGE OF PINECREST

Press Release

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FOR IMMEDIATE RELEASE

Pinecrest Awarded Gold Medal for Its Participation in Let's Move!

Pinecrest, Fla. – A gold medal was awarded to the Village of Pinecrest by the United States Department of Health and Human Services for completing the fifth goal of a five-goal *Let's Move!* initiative that increases play spaces for children, promotes physical activity and makes outdoor recreational facilities easily accessible.

To receive the gold medal Pinecrest mapped all play spaces, completed an assessment of all play spaces, developed an action plan and at least three proven policies, programs, or initiatives from the action plan were launched to increase access to physical activity.

Play spaces are any place children and youth can play and be physically active. Play spaces include publicly accessible playgrounds, indoor and outdoor recreational facilities, skate parks, parks, fields, trails and greenways.

Pinecrest also received bronze medals for the first and third goals of the *Let's Move!* initiative.

The bronze medal for the first goal is awarded when elected local officials have committed to helping early care and education providers incorporate best practices for nutrition, physical activity and screen time into their programs to provide children with a healthier start.

The bronze medal for the third goal of the program is awarded when elected local officials have committed to increasing participation in the School Breakfast Program (SBP) and the National School Lunch Program (NSLP).

Let's Move! is a comprehensive initiative that was launched by First Lady Michelle Obama in 2010 and is dedicated to solving the problem of childhood obesity within a

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generation, so that children born today will grow up healthier and able to pursue their dreams. As part of this initiative, *Let's Move!* Cities, Towns and Counties, calls upon local elected officials to adopt long-term, sustainable and holistic approaches to addressing childhood obesity.

Pinecrest parks include Coral Pine Park, Evelyn Greer Park, Flagler Grove Park, Red Road Linear Park, Suniland Park and Veterans Wayside Park. For more information about Pinecrest parks and recreational activities go to www.pinecrest-fl.gov/parks or call 305-284-0900.

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